

The Clublink Academy at Glen Abbey presents...

Mental Game Seminar Series

Are you over-analyzing your game?

These evening seminars are specially designed to help you use your mind the right way and play your best.

The Basics of the Pre-shot Routine

This seminar teaches the basics of a specially designed pre-shot routine that will allow you to hit the shots you want more consistently.

Thursday, August 12

Time: 6:30 pm – 8:30 pm

Details: This seminar will be conducted on the range. Bring your favourite golf club, and wear proper golf attire.

A Great Round Gone Bad - and the Solution

If you've ever been playing the best round of your life, and then suddenly you start playing uncharacteristically poorly, you're not alone. Learn the reason this happens and the way to get back on track.

Date: Thursday, August 5

Time: 6:30 – 8:30 PM

Details: This is a classroom-style program and will be held in the clubhouse.

Price and Registration:

Each session is \$79.00 plus HST. Light refreshments will be served. There is a maximum of 15 participants per seminar.

Please register at the Academy, by calling (905) 844-1902 or email gaacademy@clublink.ca

